

Jeffrey B. Brown, MD

Board-Certified Internal Medicine Physician

Founder & Medical Director, Joint Pain Solution Center

Fort Lauderdale, Florida



BOARD CERTIFIED

American Board of Internal Medicine

20+ YEARS

Clinical Experience

PHYSICIAN-LED

Ultrasound-Guided Care

About Dr. Brown

Dr. Jeffrey Brown is a board-certified Internal Medicine physician with more than two decades of clinical experience. As Founder and Medical Director of Joint Pain Solution Center, he focuses on non-surgical care for arthritis, joint pain, tendon disorders, and other musculoskeletal conditions. His approach combines diagnostic musculoskeletal ultrasound, ultrasound-guided procedures, PRP and orthobiologic therapies, and individualized treatment planning.

Patient education is central to his practice. Dr. Brown believes patients make better decisions when they understand their diagnosis, the available options, and the goals of treatment.

Clinical Focus

- Osteoarthritis of the knee, hip, shoulder and other joints
- Tendinopathy and tendon injuries
- Plantar fasciitis
- Sports and overuse injuries
- Musculoskeletal pain and dysfunction

Procedures & Therapies

- Diagnostic musculoskeletal ultrasound
- Ultrasound-guided joint and soft-tissue injections
- Platelet-Rich Plasma (PRP)
- Orthobiologic therapies
- Tendon, ligament and bursal injections
- Peripheral nerve blocks

A Physician-Led Approach

Dr. Brown brings together his Internal Medicine background, broad clinical experience, and focused work in musculoskeletal medicine to provide thoughtful, individualized non-surgical joint care. **The goal: help patients understand what is happening, explore appropriate options, and make informed decisions about their care.**

Education, Credentials & Experience

A concise overview of Dr. Brown’s medical training and professional background.

Medical Education

Johns Hopkins University / Sinai Hospital	Internal Medicine Residency, Baltimore, Maryland 2001–2004
Meharry Medical College	Doctor of Medicine 2001
Clark Atlanta University	Graduate Studies, Advanced Organic Chemistry
Morris Brown College	Bachelor of Science, Chemistry Summa Cum Laude

Board Certification & Licensure

- American Board of Internal Medicine
- Medical Licensure: Florida and Maryland

Additional Certifications

- Advanced Cardiac Life Support (ACLS)
- Pediatric Advanced Life Support (PALS)
- USMLE Steps I–III

Professional Experience

Dr. Brown’s career spans hospital medicine, outpatient Internal Medicine, urgent care, telemedicine, primary care, and medical weight management.

Criticare Clinics Urgent Care Physician	Sound Physicians Hospitalist
BWMC Hospital Hospitalist	Affinity Health Medical Weight Loss
AllCare Primary Care/Urgent Care	Greater Baltimore Medical Center Hospitalist
Teladoc Telemedicine Physician	Kaiser Permanente Outpatient Internal Medicine
Patient First Urgent Care	Memorial Hospital Hospitalist

Education, Research & Honors

Selected Academic Highlights

- CDC Research Fellowship
- Honors in Internal Medicine, Pediatrics, Psychiatry and Preventive Medicine
- Dean’s List
- Health Care Heroes Award Nominee

Author & Educator

- Health Power 101** — The Complete Guide to Patient Empowerment
- Patient education programs and community lectures
 - Clinical newsletters and educational presentations
 - Physician education in ultrasound-guided procedures and musculoskeletal care